



2008 Newsletter

The Mia Sutphin Foundation (MSF) is dedicated to supporting programs that benefit children in need and their families throughout the world, primarily through focusing on direct healthcare and health outreach.

Year in Review

It's hard to believe that we're already reflecting on 2008! In six years, MSF has grown a fund balance to \$285,823, primarily through fundraising efforts. That's over 25% toward a key endowment milestone of \$1 million (see table below).


Endowment Summary	2002 to 2008	Projected to 2021
Fundraising	301,692	956,000
Net Investment Gains	47,374	483,000
Distributions	(57,350)	(419,000)
Administrative Expense	(5,893)	(20,000)
Endowment Balance	285,823	1,000,000

Building an endowment requires patience, and sometimes the goal seems far off. But over time, the financial base will generate earnings—and the distributions of those earnings will provide greater financial support over the long term than if we had disbursed our donations each year as contributions were received. An endowment puts our contributions to work earning more money for grants in the future. Upon reaching key milestones, the foundation will become self-sustaining, enabling us to give more substantially in years to come.

With the recent downturn in the economy, and so much uncertainty in the financial markets, today this goal seems a little farther off. Even in this environment, we have continued to receive very generous contributions from so many of you, which is a blessing.

Your help building MSF is vital — and your donations will reach far beyond today. We are dedicated to helping children in need and their families. That's our mission and our promise.

Your generosity touches our hearts and the lives of children around the world. We extend our deep appreciation for your continued support and wish you a healthy and peaceful holiday season.


Michael Sutphin
Executive Director

Annual Distributions

Making meaningful grant decisions is a key responsibility of the board. Broadly, we seek to support organizations in line with our mission and individuals working through a charity on the front lines of caring for those in need. During our fiscal year that ended May 2008, the MSF board approved seven grants totaling \$20,200 (four of which are to previous recipients, denoted by an *).

• **Save the Children** is a non-profit organization working to create lasting change for children in need in the United States and in 41 other countries. Our grant helped to support their efforts in Bangladesh related to Cyclone Sidr relief.

• **Light Health and Wellness*** provides comprehensive services for children and families whose lives are affected by health and societal issues in Baltimore. MSF funds supported the Education and Prevention Services Program, consisting of workshops and health fairs for at-risk families.

• The relationship with **Nyumbani*** (which means "home" in Swahili) in Kenya is important to maintain due to Mia's strong ties of service to this orphanage for children with HIV. This year's MSF grant went to the children's home, one of Nyumbani's three core programs.

• Founded in 1939, **Kurji Holy Family Hospital and Nursing School** (Kurji) runs as an equal partnership between the Medical Mission Sisters and the Sisters of Charity of Nazareth. This 275-bed teaching hospital in Patna, the capital of Bihar, India, received MSF funding to help with general operations. An estimated two-thirds of the Bihar population lives below the poverty line. Day-to-day hospital services include teaching young nurses, providing general care, and working extensively with TB control and HIV. Because of Mia's time volunteering at Kurji in 1999, we hope to continue this relationship for years to come.

• Originating in 1987 as a small clinic in Cange, Haiti, **Partner's in Health*** (PIH) provides basic health care as well as treating complex diseases, such as HIV/AIDS and multidrug-resistant tuberculosis, in settings as diverse as the shantytowns of Lima, Peru, and the prisons of Siberia. PIH is a talent-rich medical organization through its partnerships with Harvard Medicine, and Brigham & Women's Hospital in Boston. Our support helped their program in Peru by providing a year's supply of lifesaving antiretroviral drugs for ten AIDS patients and covering the costs of treating malnutrition for five children.

• For the third year, **Nicole Yaris*** received a MSF grant through the Maidstone Foundation for her Pedi Habilidad program. Nicole performs out-patient rehabilitation work at Tena Hospital in Ecuador for children suffering from multiple limb fractures, tuberculosis, undiagnosed cerebral palsy and other ailments. The program is the only one of its kind to target children in this region and offers families hope and assistance in managing their child's disability. Our 2008 grant helped to expand the physical clinic space, funded the acquisition of therapy equipment, and helped to provide necessary parent education materials.

• **Hillside Healthcare International (HCCI)** is a faith-based, non-profit organization dedicated to providing health care and disease prevention to the people of Southern Belize. HCCI is devoted to improving the Belizean quality of life through medical care, health education and community outreach. Our grant helped to fund the costs of a field officer, who will provide rehabilitation services to children and other people living with disabilities in Belize.

• **Catholic Medical Mission Board (CMMB)*** is the organization through which Mia was able to volunteer, both in India and in Kenya. Our grant to CMMB was directed toward

the cost of barrier protection for their volunteers in Uganda, who were faced with an outbreak of the Ebola virus.

We are encouraged and eager to continue helping such worthy organizations and hope to continue our support of certain of these organizations, while working to increase our level of aid in the future.

Fundraisers

On September 27th, our 6th Annual Benefit Auction was held at Turf Valley Resort. Though the day was a little overcast, twenty-eight golfers braved the weather for a first time MSF golf outing, to kick off our main dinner and auction event at 5 pm. This year's theme was **Passport to Kenya**. We were able to share some unique auction items, hand-made African bracelets, and even some videos put to music, created by Debbie Derwart from her recent trip to Nyumbani. Local DJ Vicki Kelley played music throughout the evening, interspersed with a wonderful collection of African-themed pieces.

We were incredibly honored with the presence of the dedicated, caring leadership team from Nyumbani, the orphanage "home" in Kenya where Mia volunteered. Spending time with them helps us see the Africa Mia described, and connects us to the children she loved —many of whom are still there and remember her. Our guests from Nyumbani included Sister Mary Owens, executive director, Protus Lumiti, children's home director, Joe D'Agostino, brother of the founder of Nyumbani, and Erin Kennedy, Nyumbani's U.S. coordinator.



Protus Lumiti, Carrie Sutphin, Erin Kennedy, Michael Sutphin, Mary Owens and Joe D'Agostino at the 2008 *Passport to Kenya*

Sister Mary Owens, our guest speaker, had a touching interview earlier in the week with well-known Baltimore journalist, Dan Rodricks, on his WYPR 88.1 radio show, where she and Cal Sutphin, Sr. were able to share information on both of our organizations, including the connection between Nyumbani and Mia.

Sr. Mary also spoke for a few moments at the event, and shared some of the challenges facing the Home in the area of securing access to suitable medication to treat their children, especially those who do not respond well to the more basic rounds of HIV medication. The event concluded with a live auction including a trip to Boston, with a round of golf for 4 at TPC Boston, airfare and hotel stay. Attended by more than 150 friends, family, and supporters, the benefit proved one of our most successful so far, raising almost \$36,000.

Notre Dame Preparatory

Mia's example of selflessness is inspiring students at her alma mater – Notre Dame Preparatory School (NDP). Each year, the recipient of the Mia Sutphin Award is honored for demonstrating service and justice at home and abroad. The 2008 recipient was Lauren Milaschak. Lauren was truly a

student dedicated to others during her time at NDP. The staff at NDP is dedicated to the idea of empowering young women of moral integrity through education. Lauren participated in many service experiences during her time at NDP, but it was through her experiences with El Salvador that she exemplified her commitment to others, and used her education as an instrument for change.

Lauren visited El Salvador three times in her junior and senior years of high school – twice with NDP and once with the Archdiocese of Baltimore. Lauren formed deep and meaningful relationships with the people she met while on these trips, and did not let her love stop at the border. Lauren returned to Baltimore as an advocate for the people of El Salvador – educating and inspiring her friends, families, and teachers about the importance of solidarity with others. Lauren is now at Boston College continuing her journey to others, and has already in her freshmen year committed to a service project this spring in Appalachia.

We congratulate Lauren and wish her the very best in her future work!



Debbie Derwart, MSF Board member with Lauren Milaschak

Save the Date!!

Please mark your calendars for two tentative events that we are in the process of planning for 2009. The first is May 16, 2009, when we hope to re-jump start the Annual Yard and Bake Sale (last held in 2006 – oops!). The second is the Annual Benefit Auction, tentatively planned for Saturday, September 26, 2009. More information will be sent out closer to the dates.

Board of Directors

Brian Atkinson	Sally Hebner	Julie Nelms
Marcie Bailey	Alison Hills	Kate Stillman
Debbie Derwart	Kristen Hostler	Meara Strain
Christina DiAngelo	Mary Carole	Cal Sutphin Jr.
Carol Hearn	Jorgensen	Caroline Sutphin
	Linda Lande	Michael Sutphin

Four board sub-committees operate to handle foundation distributions, fundraising, communications and finance. We can always use an extra hand! Interest in attending a meeting, joining a sub-committee or the board, or helping out in any other way, should be directed towards Michael Sutphin (michael@miasutphinmf.org), **9095 Furrow Avenue, Ellicott City, MD 21042**. If you would like to make another donation in 2008, a self addressed envelope has been provided.

Please see more information on MSF on our website, at www.miasutphinmf.org.